



GAME

Pool Noodle Knock Down

PRELUDE

SOCIAL

WORSHIP

STORY

GROUPS

HOME

OVERVIEW

The challenge here is for students to outlast their competitors. Armed with pool noodles and cups taped to their backs, students will try to protect their own cup while simultaneously attempting to knock their competitors' cups off. The last student left with the cup on their back is the winner.

- 6 small Styrofoam cups
- A roll of duct tape
- Scissors or knife
- 3 pool noodles
- 6 middle schoolers

WHAT YOU'LL NEED

HOW-TO

PREP

- Cut the duct tape into six long strips.
- Roll up each of the duct tape strips, and place them on the bottom of each cup.
- Cut each pool noodle in half with the knife or scissors.
- Clear a space in the center of the room or on stage for the game to be played.

PLAY

Bring six students up front to play the game. Take the taped cups and attach one to each of the students' backs. Then give each student a pool noodle. Explain that the goal of the game is to be the last one left with a cup still on your back. The goal is to use the pool noodle to try and knock the other cups off while at the same time protecting the one stuck to

your back. The last one left with their cup securely on their back is the winner.

Remember: Safety first! It's always a bit of a risk to give middle schoolers objects to hit each other with! Remind your students to take it easy and aim only for the cups on the backs of their competitors. Students who don't will be immediately disqualified from the game.

TIPS

If you have time, you can play several rounds of this game and invite new students to play each round. Just adjust your supplies accordingly. This game can also be played with more than six people at a time depending on the space you have. We just don't recommend more than ten or things will quickly get chaotic!