



GAME

Defrost Duel

PRELUDE

SOCIAL

WORSHIP

STORY

GROUPS

HOME

OVERVIEW

In this game of speed, students will race to free a piece of candy from an ice cube and eat it before their competitors. The fastest ice-melter and candy-eater wins!

WHAT YOU'LL NEED

- Ice cube trays
- Semi-hard candy (like Skittles or Starbursts)
- Plastic wrap
- Water
- Small rubber bands
- Paper towels
- 2-8 middle schoolers (You'll need all of your students if playing an "all-skate" game.)

HOW-TO

PREP

- At least 8 hours in advance, tightly wrap individual candies in plastic wrap and secure them with rubber bands. (Since the candy will be placed in water next, be sure to wrap the candy really well so that water doesn't leak in.)
- Place the wrapped candy in ice cube trays and fill the trays with water. (Each ice cube compartment should have one piece of wrapped candy.)
- Place the trays in the freezer until just before game time.

PLAY

Select your game participants and bring them up front. Give each of them a candy-filled ice cube. When you say, "Go!" your contestants must free the candy by any means necessary. The first contestant to free their candy and eat it wins.

GAME VARIATIONS

- Have a pair of boys face off against a pair of girls.
- If you have a smaller ministry, have all of your middle schoolers participate at one time.